

Time Out to Tune In

Realise your dream to practice NVC skills with kindred spirits, using the surrounding nature to nourish and inspire whilst soaking up the rays of the sun!

Now in our 11th year!

Greece, 15th to 21st September 2018

6 full days of learning & sharing with
Marianne Göthlin, Kaspar Ritz and Louise Romain



Do you want to be more empowered and have more enriching relationships in your life, and maybe you need some inspiration?

This retreat is ideal if you're looking for a sacred space for yourself, yearning for inner peace and a deeper understanding of yourself, or wanting to find more balance in caring for yourself and others. Imagine teaching sessions, practical Q&A, community immersion, stillness in nature, and much more—all amidst the pristine beauty of Greece's well-kept secret of Agistri island.



Rosy's is the perfect place for people who want time-out to tune in and to deepen their NVC skills and awareness of self-care and come away with batteries recharged because you've also been on a relaxing, nourishing holiday!

With human needs as the central focus, you have time to deepen your NVC skills to gain knowledge and fluency, developing compassion and empathy for yourself and others, all with the support of experienced NVC trainers with a wide range of styles.

Mornings are devoted to a short Tai-Chi/Qi Gong practice, then NVC workshops.

Afternoons begin with a delicious healthy lunch together and plenty of time for swimming, hiking, canoeing or sunning yourself, before more NVC workshops, then dinner.

Limited group size - Language of workshop: English



Accommodation fee: € 588

Double room occupancy including all breakfasts, lunches and dinners (except alcoholic drinks and beverages) during the course (payable directly to Rosy). Arrivals on Saturday 15th September in time for welcoming drink at 6 p.m.. Departures on Saturday 22nd September after breakfast.

Retreat course fee: € 650

We are happy to offer payment by installments for the course fee.

To register, please use this link to the [registration form](#)

If you have any questions, please contact Louise at louise@peacefactory.fr

For more information and the full invitation : www.peacefactory.fr

Louise, Marianne and Kaspar



Join us for an experience to remember...!