

## Logistics

### Dates

Meeting 1: 6-8 Aug 2020

Meeting 2: 24-25 Oct 2020

Meeting 3: 8-9 Dec 2020

Meeting 4: 13-14 March 2021

Meeting 5: 29-31 May 2021

Times: 9:30 - 17 (when 3 days, the last day ends at 16)

To support co-creation, community, empathy support - we offer the possibility to arrive the afternoon/evening before we start each meeting.

### Language

We will speak English. We offer translation to Dutch/English when needed and you are also welcomed to speak in Dutch.

### Pricing (excl. taxes)

**standard contribution: € 2250**

**gift contribution: € 3400** "you pay more to support people who don't have the means to pay the standard price"

**scholarship contribution: € 1800** "this is for people who don't have the means to pay the standard fee, are students or sign up with two or more persons together"

Accommodation is available. More information on our website.

### Optional addition:

**3 Training days with two CNVC assessors - 23-25 January 2021**

This is an optional training for participants who are interested in the CNVC certification process and want to learn from those holding that process. Also if you are not a candidate for certification we can highly recommend this for the specific learning opportunities. This training is open to the public, and will be announced soon with more details (note that this is not included in the price and needs separate registration).

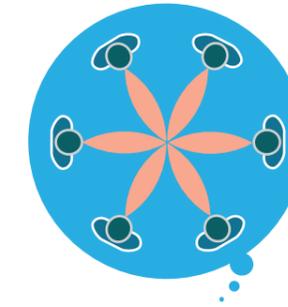
## Blabla - Huis voor Verbinding;

meer dan 20 jaar ervaring in training/coaching/consulting  
vanuit Geweldloze Communicatie; [www.blabla-blabla.be](http://www.blabla-blabla.be)



# Blabla

## Who is training who?



Welcome to a 12-day mentoring program for those who want to share NVC in any setting, with Marianne Göthlin and Corrylaura Van Bladel.

We would like you to walk from this program empowered, prepared to share NVC with clarity and joy from being you, to make mistakes and be able to deal with any reactions; with NVC being your natural spontaneous language that you will speak with the people you meet.



## For who?

For everyone that is excited about NVC and on your road to implement and share this in your personal and/or professional life. It might be that you will start as a trainer, lead a practice group, introduce NVC at your workplace or just in your family/community.

To give you an idea, in our previous groups we have had:

Trainers - HR-managers - teachers - leaders in business settings as well as from social profit areas - coaches/therapists - consultants - mediators - candidates on their way to become a certified NVC-trainer, and people strongly dedicated to NVC and here to find clarity and strength for next steps.

So actually this program addresses everyone who wants to grow in the area of implementing and sharing NVC-values in any setting.

## Why choose this program?

The principles of NVC in action! There are many ways to learn. We are excited to have found our form which strongly reflects Marshall Rosenberg's dream for NVC, including teaching and sharing it. Therefore we emphasize a mutual process where autonomy, self-evaluation, co-creation and individuality are at the core.

From an extended experience of sharing NVC, both of us more than 20 years, we look forward to sharing our different styles, expertise and skills, and weave this together with yours.

We treasure diversity and therefore dream strongly to have an international group.

For participants during this program we offer the possibility to be part as an observer, and learn from our main trainers in Blabla's programs all over Belgium, as well in our open offerings as in in-company training.

As we are certified trainers these training hours count for the certification procedure.

## How?

We want to make space for you to try out many aspects of sharing NVC in a safe and creative environment. Our focus will be on how to live and be a role-model for NVC while you share your insights and skills.



We look forward to co-create a supportive learning environment with you, where everybody is seen as a teacher and learner. We will share with you how we do it in our trainings and do it together with you, from values such as inclusion, transparency and shared responsibility. There will be space for you to make short presentations, try out your ideas in your rhythm, without push - and receive feed-back from trainers and participants. We will support you to find your own teaching/sharing style with your own examples that can contribute.

Empathy support will be included during and in between the training days.

## Content - We will cover areas such as:

- Planning, and trying out combining content, practice and process while sharing NVC
- Material, and practice to use it with groups (visfera, dancefloors, blabla, puppets ...)
- How to adapt the training to different groups like in-house or public
- Building workshops including different learning styles
- Managing feedback and all kind of reactions
- How to come across from a power-with attitude, also when you have an authority-function
- Tailored deepened training on parts you choose (guilt, anger, mediation, etc).
- Key differentiations
- Finding your trust and strength, managing the fear of failure
- Sharing learning activities
- Group decision making
- Managing conflicts

## Trainers:



**Corrylaura Van Bladel**, Belgium, Corrylaura started sharing NVC in 1998, certified on the way, and now 20 years later has built an organization with a team of trainers that offers NVC (longterm) trainings in many settings, such as health care, education, business and social profit area's. Corrylaura is passionate about sharing NVC awareness and skills in a way that supports integration and sustainability. [www.blabla-blabla.be](http://www.blabla-blabla.be)

**Marianne Göthlin**, Sweden, certified as CNVC trainer 1998. Marianne is sharing NVC internationally and works together with trainers in different countries. She is passionate about "living NVC" and fuel educational environments/systems with skills to live, lead and learn together from connection. For this purpose she has created pedagogical practise materials in several languages. [www.skolande.se](http://www.skolande.se)

We will use high quality materials such as worksheets, posters, flow charts, dancefloors etc. Every participant will receive some visfera material included in the price.

(Practice book, NVC Compass, ICC card, poster)

