

# NVC Retreat in Sweden, 27-29 October 2017

Lead by Christlin Rajendram, Sri Lanka

## **The Intersection That Is the Heart**

**W**elcome to a time to reflect upon our paths, our experiences, and challenges, a time of sharing.

In each human being there is a meeting with the divine. That intersection is the HEART.

This is an invitation to live in your heart -- an invitation to explore your life because every outward thing one does is inner work.

Some of the themes that will guide us through this retreat:

Compassion as an aspiration and approach to daily life,  
Gratitude,  
Forgiveness,  
Radical Self-acceptance,  
and Surrender

*“Oh Beloved,  
take away what I want.  
Take away what I do.  
Take away what I need.  
Take away everything  
that takes me from you.”*

Rumi



**T**here will be time for meditation and reflection. You will also have the opportunity to walk in the beautiful environment, and enjoy a bath in the SPA.



*Christlin Parimalanathan Rajendram is my full name. Born in 1943 in Batticaloa on the East Coast of Sri Lanka, as fourth of the 8 children, I joined the Jesuit Religious Order in 1960 was ordained a Priest in 1973. Met Marshall Rosenberg in 1996 and Nonviolent Communication gave me a new perspective on all that I was doing, specially my spiritual path. I have learned to look at my life and the lives of others in a new light. I am enjoying my learning and sharing. When you don't want to change, everything changes; when everything is falling apart they are all falling in place.....there is nothing to throw away and nothing to discard...everything makes sense, whole.*

**Join this unique opportunity to be deeply inspired from Christlins sharing. This in a very spacious and peaceful venue in a beautiful surrounding.**

**Time:** Friday 27<sup>th</sup> October, arrival from 17:00, dinner at 18:00, session at 19:00 through Sunday 29<sup>th</sup> October, ending at 16:00

**Venue:** Frötuna Gård, Uppsala, Sweden, frotuna.nu . We will provide information for easy access to the venue from the airport.

**Pricing:** Retreat inclusive full board and sharing double room SEK 4600:- . In single room SEK 5200:- . Prices including 25% VAT.

**Language:** English

**Enrolment and questions:** Mail to [info@skolande.se](mailto:info@skolande.se) . Latest registration 25 September 2017.

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