

# Time Out to Tune In

Realise your dream to practice NVC skills with kindred spirits, using the surrounding nature to nourish and inspire whilst soaking up the rays of the sun!

**Now in its 10th year! From 16th to 23rd September 2017**

6 full days of learning & sharing with  
**Marianne Göthlin, Kaspar Ritz and Louise Romain**



If you want to be more empowered and have more enriching relationships in your life, maybe you need some inspiration?

This retreat is ideal if you're looking for a sacred space for yourself, **if** yearning for inner peace and a deeper understanding of yourself, or if you would like more balance in caring for yourself and others.



Rosy's is the perfect place for people who want time-out to tune in and to deepen their NVC skills and awareness of self-care and come away with batteries recharged because you've also been on a relaxing, nourishing holiday!

With human needs as the central focus, you have time to deepen your NVC skills to gain knowledge and fluency, developing compassion and empathy for yourself and others, all with the support of experienced NVC trainers with a wide range of styles.



Mornings are devoted to a short Tai-Chi/Qi Gong practice, then NVC workshops.

Afternoons begin with a delicious healthy lunch together and plenty of time for swimming, hiking, canoeing or sunning yourself, before more NVC workshops, then dinner.

Limited group size - Language of workshop: English

**Accommodation fee: € 588**

Double room occupancy and all breakfasts, lunches and dinners (except alcoholic drinks and beverages) during the course (Sunday to Friday) included (payable directly to Rosy).

**Retreat course fee: € 650**

We are happy to offer payment by installments for the course fee.

**Registration and questions, please contact Louise at [louise.romain@wanadoo.fr](mailto:louise.romain@wanadoo.fr)**

**For Registration use the [Booking form](https://goo.gl/forms/khNGJXIKBHFfFXqf1) (<https://goo.gl/forms/khNGJXIKBHFfFXqf1>)**

**More information and the full invitation you find at [peacefactory.fr](http://peacefactory.fr) under courses!**

**Join us for an experience to remember...**



Towe, Louise, Marianne, Kaspar